

Simple, Natural & Powerful



Product Catalogue

“Because You Deserve the Best of Nature.”



Special 15 With Goodness Of Noni

Special 15 Herb Extracts is an ayurvedic formulation with excellent quality of 15 ayurvedic herbs formulated together which helps in to cure many health problem of us. It contains Aloevera, Neem, Karela, Jamun, Giloy, Amla, Harad(Haritaki), Baheda, Dana Methi, Ashwagandha, Silajit, Vijayasar Heart Wood, Gymnema Sylvestra (Gudmar), Moringa & Arjuna. We all know according to Ayurvedic scriptures, all of these herbs are Natural-Gift for human body.

Your Daily Health Shield!

- It helps in maintaining Blood Glucose Level.
- It helps in Purifying the Blood.
- Its helpful in Indigestion and Constipation.
- It helps in maintaining Cholesterol Level
- It supports Healthy Liver Function.
- Its beneficial for Skin Health & Hair.
- It goods for Metabolic Health.
- Helps to reduce anxiety & stress.
- Helpful in Weight management.
- It helps to improve Strength, Stamina & Immunity.

500 ml	1000 ml
MRP- 1099/-	MRP- 1899/-
AP- 699/-	AP- 1399/-
BUY 1 GET 1 PRICE- 899/-	BUY 1 GET 1 PRICE- 1799/-
PV- 5	PV- 10



Sea Buckthron Juice

The Himalayan Treasure for Complete Strength, Glow & Immunity

Sea Buckthorn (*Hippophae rhamnoides*) is a bright orange-yellow berry found in the cold Himalayan valleys, Ladakh, Tibet, and parts of Europe. Known as the "Golden Berry of the Himalayas", it is valued for its amazing healing and rejuvenating power. Rich in 190+ natural nutrients, Sea Buckthorn provides vitamins, minerals, and rare Omega fatty acids from both its fruit pulp and seed oil — helping to nourish, protect, and energize your body from within.

IMMUNITY POWERHOUSE – PROTECTS NATURALLY

HEART & CHOLESTEROL CARE

SKIN GLOW & ANTI-AGING

BRAIN & MENTAL SUPPORT

BONE & JOINT SUPPORT

STRENGTH, ENERGY & VITALITY

RESPIRATORY & LUNG CARE

DIGESTIVE & GUT HEALTH

EYE & VISION SUPPORT

HORMONAL & REPRODUCTIVE HEALTH

LIVER & DETOXIFICATION

ANTI-AGING & CELLULAR PROTECTION

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SEA BUCKTHORN





Amla

Herbal Juice

Indian gooseberry, commonly known as Amla, is undoubtedly a powerhouse of nutrients. Being a very rich source of Vitamin-C, Iron and Calcium, amla is a health treasure. Amla has gained a following throughout the world as a "Superfruit". It's no surprise — a 100-gram serving of fresh amla berries contains as much vitamin C as 20 oranges. According to many research "Amla is a very special fruit full of antioxidants that are effective in reducing the cell damage which reduces the free radicals that can cause disease in the body". While we can't be entirely sure when Ayurvedic healers started using amla berry, historical records tell us they've been used in remedies for at least 1,000 years.

SBDS AMLA JUICE BENEFITS

- Amla Juice is the purest form of Vitamin C and it enriches you from within by making the blood vessels stronger and thicker. It also improves your immunity so that you can fight infections easily.
- One of the best amla juice benefits is that it reduces the risk of heart disease by regulating the build-up of bad cholesterol
- Amla Juice is rich in antioxidants that help in fighting free radicals in the body. This reduces cell damage and also the risk of cancer and inflammation.
- Another one of amla Juice benefits is that it gives you glowing skin and also keeps it hydrated. Consume it with water for natural glow.
- One of the best benefits of Amla is that it has a high fibre content which works wonderfully for the digestive system. It's an effective cure for Constipation. Amla Juice is also a great home remedy for hyperacidity and stomach ulcers.
- Amla is known for its Anti-Inflammatory properties, it reduces the acid level in the stomach.
- One important benefit of amla is that it is considered as the first and foremost food for Anti-Aging. Consuming amla juice daily basis is the secret behind the slow aging process and beautiful skin.
- Amla juice is good for diabetics. Amla contains chromium which makes the body more responsive to insulin and regulates the blood glucose levels.
- Amla Juice when taken with a teaspoon of honey acts as a great blood purifier. Regular consumption of amla juice helps in increasing your haemoglobin naturally.
- Amla juice is great for your hair. It not only cures dandruff but also helps in preventing hair loss.

500 ml

MRP- 299/-

AP- 269/-

BUY 1 GET 1 PRICE- 369/-

PV- 1.4





TULSI

Panchamrit

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Supports Heart Health – Rich in Vitamin C and eugenol, helps reduce cholesterol.



Reduces Fever – Traditional ingredient for fever relief.



Anti-Aging – Antioxidants protect skin from free radical damage.



Rich in Vitamin K – Supports strong bones and heart health.



Treats Kidney Stones – Acts as a mild diuretic and detoxifier, lowers uric acid.



Promotes Eye Health – Anti-inflammatory properties prevent infections.



Relieves Headaches – Natural remedy for headache and migraine relief.



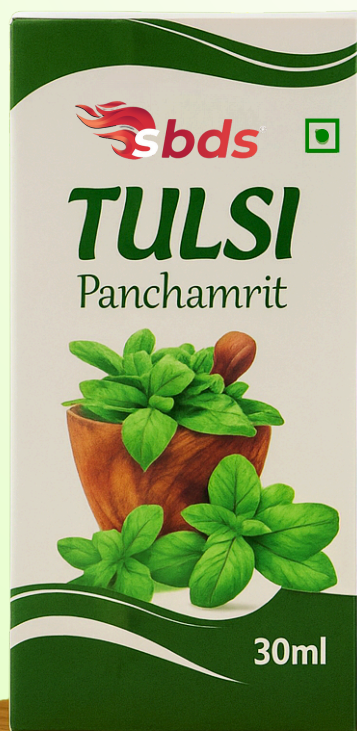
Improves Oral Health – Freshens breath, prevents ulcers and cavities.



Fights Acne – Eugenol kills bacteria and promotes clear skin.



Cures Respiratory Disorders – Helps treat bronchitis, cough, and infections.



30 ml

MRP- 199/-

AP- 139/-

BUY 1 GET 1 PRICE- 219/-

PV- 0.7

WOMEN CARE Syrup

A COMPLETE HERBAL SOLUTION FOR WOMEN'S HEALTH, STRENGTH & NATURAL BALANCE

SBDS Women Care Syrup is a comprehensive Ayurvedic tonic formulated with the blend of 20 + time-tested herbs to support women's reproductive health, hormonal balance, blood purity, overall strength and iron deficiency, ensuring total wellness from within.

100% Ayurvedic & Natural

- Regulate Menstrual Cycle
- Relieves Pelvic & Abdominal Pain
- Purifies Blood & Enhances Skin Glow
- Improves Hemoglobins & Treats Iron
- Balances Hormone
- Supports Urinary & Reproductive Health
- Improves Digestion & Absorption
- Promotes Mental Calmness & Stress



200 ml

MRP- 399/-

AP- 299/-

BUY 1 GET 1 PRICE- 399/-

PV- 2

20⁺ TIME TESTED HERBS

Protein Powder

Proteins are made up of hundreds or thousands of smaller units called amino acids, which are attached to one another in long chains. There are 20 different types of amino acids that can be combined to make a protein. Among those 9 are essential for human body. Proteins are large, complex molecules that play many critical roles in the body. They do most of the work in cells and are required for the structure, function, and regulation of the body's tissues and organs.

What is the main benefit of protein?

Your body uses protein to build and repair body tissues, to make enzymes, hormones, and is used as important building blocks of bones, blood, skin, cartilage and muscles. Protein assists in energy metabolism and cellular processes, and also defends the body against disease via optimal immune function SBDS Protein Powder is a high quality, nonfat Soya protein blend. SBDS protein is a complete protein in that it meets all the essential amino acid requirements to support normal growth and development of infants and children. SBDS protein is also low in fat and free of saturated fat and cholesterol. It is an ideal protein source to boost the nutrient density of foods.

9 Science-Backed Reasons to Eat SBDS Protein Powder :

- Maintain Colon Health
- Reduces Appetite and Hunger Levels.
- Increases Muscle Mass and Strength.
- Boosts Metabolism and Increases Fat Burning, that helps to Weight Loss.
- Good for Your Bones.
- Lowers Your Blood Pressure.
- Does Not Harm Healthy Kidneys.
- Helps In Reducing LDL (Bad Cholesterol) & Increasing HDL (Good Cholesterol), that Reduces the Risk of Heart Diseases.



200 gm	500 gm
MRP- 1099/-	MRP- 1899/-
AP- 699/-	AP- 1399/-
BUY 1 GET 1 PRICE- 899/-	BUY 1 GET 1 PRICE- 1799/-
PV- 5	PV- 10



Protein Powder

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Premium Calcium Tablet

SDBS Premium Calcium is an excellent formulation of Calcium with Magnesium, Zinc, Vitamin D2 & B12. This supplement has several unique benefits our body. Calcium is an essential mineral found primarily in the body's bones and teeth, but it is also useful in maintaining muscle function and supporting the heart. Bones are always breaking down and rebuilding. Calcium is needed for this process, but the concentration of calcium in the body tends to decline with age. Taking extra calcium helps the bones rebuild and stay strong. The Heart, Nerves, and Blood-clotting systems also need calcium.

According to the University of Maryland Medical Center, adults 19 to 50 years need a minimum of 1,000mg of calcium daily, while those older than 50 need 1,200mg daily. Although you may eat plenty of foods that contain calcium, your body needs other nutrients, including vitamin D & B12, Magnesium, Zinc to help you absorb this mineral to obtain its full benefits.

Vitamin D (Ergocalciferol-D2) is a fat-soluble vitamin that helps your body absorb calcium and phosphorus. Having the right amount of vitamin D, calcium, and phosphorus is important for building and keeping strong bones. Ergocalciferol is used to treat hypoparathyroidism (Decreased functioning of the parathyroid glands). Vitamin B12 is also a water-soluble vitamin, the body does not store it. As you digest food that contains vitamin B12, pancreatic enzymes free it to bind to a protein known as intrinsic factor. The body does not absorb vitamin B12 unless it is bound to intrinsic factor. Receptors that are in the small intestine are responsible for taking up vitamin B12 and intrinsic factor complex but can only do so when calcium is present. Calcium and vitamin B12 depend on each other for bone mineral density and overall absorption. Alternatively, low levels of vitamin B12 affect your bones and put you at an increased risk of fractures. Zinc is an essential mineral that your body does not make on its own & also body doesn't store excess Zinc, so it must be obtained from the diet. Zinc plays an essential role in bone formation and health and may help prevent Osteoporosis. It also aids growth, DNA synthesis, immune function and more.

Magnesium is an important mineral, playing a role in over 300 enzyme reactions in the human body. Its many functions include helping with muscle and nerve function, regulating blood pressure, and supporting the immune system.

SDBS Premium Calcium Benefits:

1. Boosts Immunity & Stamina – Strengthens the body's natural defense system with Spirulina, Amla, and Guduchi.
2. Supports Mental Clarity & Focus – Enriched with Brahmi and Ashwagandha to promote relaxation and cognitive balance.
3. Detoxifies & Rejuvenates – Wheatgrass, Moringa, and Curcumin help flush out toxins and restore energy.
4. Promotes Healthy Skin & Glow – Glutathione, Lutein, and Sunflower extracts protect from oxidative stress for youthful skin.
5. Improves Gut Health – Pre & Probiotics with Inulin and beneficial bacteria (Lactobacillus & Bifidobacterium) maintain digestive balance.
6. Complete Nutritional Support – Combines superfoods, antioxidants, and herbal extracts for 360° wellness care.

60 Pcs

MRP- 649/-

AP- 429/-

BUY 1 GET 1 PRICE- 649/-

PV- 2.5



JOINT & MUSCLE PAIN *Oil*

With lack of nutrients, unhealthy lifestyle, injuries, and old age there are many problems like chronic diseases and Joint & Muscle Pain. Pain while moving or at rest in the joints which leads to difficulty in walking is joint pain. The main causes are: Degeneration of Cartilage, Loss of lubrication, Lack of essential nutrients like Calcium & Protein, Excessive usage of Medicines. Muscle Stiffness & Cramp are also reasons. SBDS Joint & Muscle pain oil is a unique formulation of essential oil and herbs. It includes various herbs as ingredients that may offer quick relief from different pain.:

Benefits :



1. It helps in relieving joint pain, muscular pain and backache.
2. Beneficial in the treatment of rheumatic arthritis & neuralgic pains when applied. Treats
3. Rheumatoid & Osteoarthritis. Very useful in treating anxiety, wound healing, muscle.
4. Stiffness & cramps.

100 ml

MRP- 199/-

AP- 129/-

BUY 1 GET 1 PRICE- 199/-

PV- 0.5





HAIR CURE

(With Onion Extract)

SBDS Hair Cure Shampoo is a boon for those struggling with hair fall, inhibited hair growth & weak roots. Neem helps fighting dandruff & onion extract helps revive hair follicles, improving & promoting hair growth, making your tresses smooth, shiny & frizz-free. It cleanse your hair to make it silky also nourishes the roots and strands by keeping all scalp infections away.

- Vitamin E supports the scalp and gives your hair a strong base to grow from by reducing oxidative stress and preserving the protective lipid layer.
- Prevents hair fall & their breakage.
- Improves tencils strength.
- Makes hair smooth, soft, silky & problem free.
- Improves hair texture.
- It increases blood supply to hair follicles.
- It also reduces the porosity of the hair and strengthens the hair from within.
- Free from harmful chemicals and paraben.
- Suitable for All Hair Types.



100 ml

MRP- 349/-

AP- 219/-

BUY 1 GET 1 PRICE- 349/-

PV- 0.5



BODY LOTION



SBDS Body Lotion is a fast-absorbing moisturizer that gives intensive moisture and hydration that's suitable for dry skin types, including thirsty and parched skin. It has been powered with Shea butter, Coconut oil, wheat germ oil. Its non-greasy and quick absorb formulation wipes away every trace of dryness to leave the skin satiny smooth and richly nourished. Regular application of this moisturizer helps the skin retain hydration, repair damage, boost collagen and soothe inflammation for youthfully vibrant skin. This body lotion is totally without mineral oils, parabens, silicones, colors or polyethylene glycol (PG).

Benefits :

- Deep moisturization
- Nourishes dry skin
- Antibacterial protection
- Prevents acne & wrinkles
- Soothes inflammation
- Heals & locks moisture

100 ml

MRP- 199/-

AP- 119/-

BUY 1 GET 1 PRICE- 199/-

PV- 0.3

Onion HAIR OIL

SBDS Rosemary & Onion Hair Oil is a unique herbal blend formulated to nourish your scalp, strengthen hair roots, and promote natural hair growth. Enriched with the power of rosemary and onion extracts, it helps reduce hair fall, prevent dandruff, and restore shine. Its natural ingredients deeply moisturize the scalp, leaving your hair soft, smooth, and healthy from root to tip.

Benefits :

- Promotes healthy and strong hair growth.
- Reduces hair fall and breakage effectively.
- Prevents dandruff and scalp irritation.
- Deeply nourishes scalp and roots.
- Adds shine, softness, and smooth texture.

Reduces hair fall

Nourishes scalp

Boosts hair growth

Prevents dandruff

Adds shine & softness



100 ml

MRP- 199/-

AP- 149/-

BUY 1 GET 1 PRICE- 199/-

PV- 0.5

Almond & Chandan Premium Soap

SBDS Premium Soap combines the natural power of chandan, almond, neem, and tulsi to deliver a luxurious bathing experience. Suitable for all seasons and skin types, it gently cleanses impurities without disturbing the skin's natural pH balance. The soap helps reduce blemishes, even out skin tone, prevent rashes, and offers antibacterial and antiseptic benefits. It removes tan, dust, and impurities, leaving the skin clean, soft, and glowing. Sandalwood treats acne and dullness, while almond, rich in vitamin E and antioxidants, nourishes and protects the skin for a smooth, radiant look.

(100 gm) Set of 4

MRP- 349/-

AP- 199/-

BUY 1 GET 1 PRICE- 349/-

PV- 0.5



DENTO FRESH Bright Toothpaste

SBDS Dento Fresh toothpaste is prepared using traditional Ayurvedic methods and serves as an effective remedy for all dental problems. It helps make teeth white, bright, and strong while strengthening the gums. The formula provides a lasting feeling of freshness and supports healthy gum tissue. It fights bacteria, removes discoloration and stains caused by pan or tobacco, and eliminates bad breath and mouth decay. It is also beneficial for mouth ulcers and tooth pain, helping to prevent bleeding gums, pyorrhea, and swelling.

100 gm

MRP- 119/-

AP- 75/-

BUY 1 GET 1 PRICE- 119/-

PV- 0.2



Kesar

Gold Facial Kit

SBDS Kesar Gold Facial Kit is an advanced 6-in-1 glow facial kit enriched with the goodness of Kesar (Saffron) and Gold Bhasma. This luxurious blend brings a natural brightness and youthful glow to your skin. It offers a complete facial solution that delivers instant radiance and salon-like results at home through six easy steps.

Key Ingredients:

- Kesar (Saffron): Brightens and enhances skin tone
- Gold Bhasma: Adds a youthful, radiant glow
- Herbal Extracts: Nourish and revitalize the skin

Benefits:

- Deeply cleanses the skin
- Removes dullness and tired look
- Evens out skin tone
- Makes skin fresh and radiant
- Provides anti-aging benefits
- Suitable for all skin types



MRP- 1499/-

AP- 649/-

BUY 1 GET 1 PRICE- 1199/-

PV- 3

Anti Blemish RADIANT X CREAM



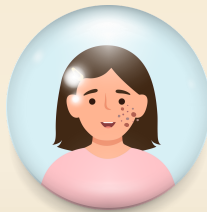
SBDS Anti Blemish Radiant X Cream is a unique herbal formulation designed for holistic skin healing and total complexion care. Enriched with the goodness of papaya, aloe vera, and sandalwood powder extract, this cream leverages the power of nature's most potent botanicals to help reduce blemishes, soothe inflammation, and restore lasting radiance. Its 360-degree formula offers complete nourishment for all skin types, making it perfect for daily rejuvenation and flawless skin maintenance.

Benefits:

- Reduces and prevents blemishes, dark spots, and pigmentation
- Anti-fungal, anti-inflammatory, and antibacterial action for healthier skin
- Minimizes acne, soothes redness, and promotes smooth, radiant skin
- Enhances natural brightness and skin tone with herbal actives
- Supports skin cell renewal and repair for improved texture
- Provides hydration and long-lasting softness
- Suitable for all skin types



Fights Blemishes &
Dark Spots



Reduce
Pigmentation



Deeply Hydrates &
Balances

MRP- 1499/-

AP- 649/-

BUY 1 GET 1 PRICE- 1199/-

PV- 3





Face Wash

The first step of any skincare routine is to cleanse your face thoroughly to remove excess oil, dirt, and dullness. SBDS Face Wash contains a powerful blend of Vitamin C, Aloe Vera, Turmeric, and Neem — four natural ingredients that help brighten the skin and provide deep cleansing. Neem's antibacterial properties help fight acne and prevent breakouts, while Vitamin C boosts radiance, Aloe Vera soothes and hydrates, and Turmeric enhances your natural glow. This face wash promotes collagen production and improves blood circulation, leaving your skin looking healthier and more radiant. It is suitable for daily use and safe for all skin types. The formula helps maintain the skin's natural moisture balance and prevents dryness. This product is completely toxin-free, paraben-free, and mineral oil-free, making it safe for everyday skincare.

100 ml

MRP- 229/-

AP- 169/-

BUY 1 GET 1 PRICE- 239/-

PV- 0.8



Aloevera Gel

SBDS Aloe Vera Gel is a multi-purpose, lightweight, and non-greasy gel that can be used for both skin and hair care. It is made with 99.7% pure inner-leaf Aloe Vera gel and contains no parabens, silicones, mineral oils, or harmful chemicals. For generations, Aloe Vera has been a trusted natural remedy for soothing skin irritation and treating various hair concerns. This gel penetrates deeply into the skin and scalp, providing essential nourishment and hydration. As a result, the skin becomes soft and refreshed, while the hair looks healthy, shiny, and full of life.



HAIR



FACE



BODY

120 gm

MRP- 239/-

AP- 169/-

BUY 1 GET 1 PRICE- 239/-

PV- 0.8

**Feel the Change,
See the Difference.**



SBDS MARKETING PVT. LTD.

**OFFICE ADDRESS : BC-4, SHANTI PALLY, RAJDANGA,
WEST BENGAL, OPPOSITE DELHI PUBLIC, Kolkata- 700107**

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